We claim:

1. An apparatus with an easily cleaned surface coating that is heat-resistant at temperatures of at least 300°C, has outstanding properties and a thickness between 1 and 1000 nm;

wherein said surface coating contains a metal oxide network and a hydrophobic substance, said hydrophobic substance being distributed uniformly across said thickness of said surface coating; and

wherein said surface coating is hydrophobic and has a contact angle for water of greater than 90°.

- 2. The apparatus as defined in claim 1, further comprising a supporting substrate selected from the group consisting of glass, glass ceramic, metal, ceramic, plastic and laminated material, and wherein said surface coating is provided on said supporting substrate.
- 3. The apparatus as defined in claim 2, wherein said surface coating is provided on a surface of said supporting substrate to be coated after activation of said surface of said supporting substrate to be coated and/or after applying at least one or more suitable adhesives to said surface of said supporting substrate to be coated.

- 4. The apparatus as defined in claim 1, wherein said hydrophobic surface comprises at least one fluoroalkyl silane.
- 5. The apparatus as defined in claim 1, wherein said surface coating comprises a plurality of nanoscale particles.
- 6. The apparatus as defined in claim 1, wherein said surface coating is optically inconspicuous.
- 7. The apparatus as defined in claim 1, wherein said surface coating is heat-resistant up to temperatures of 400°C.
- 8. The apparatus as defined in claim 1, wherein said thickness of said surface coating is from 10 to 250 nm.
- 9. The apparatus as defined in claim 1, further comprising an additional protective layer for said surface coating and wherein said additional protective layer comprises an enamel and/or decorative or functional printing with ceramic or organic decorative paint.
- 10. The apparatus as defined in claim 1, consisting of a cooking appliance and/or components for said cooking appliance.

11. The apparatus as defined in claim 1, consisting of at least one of a baking oven, a cooking range, a microwave unit, a grill, an exhaust vapor hood with associated operating unit, a mixer, a puree forming device, a cooking vessel, a baking sheet and a baking mold.